

Mindfulness for Seniors

Page 1:

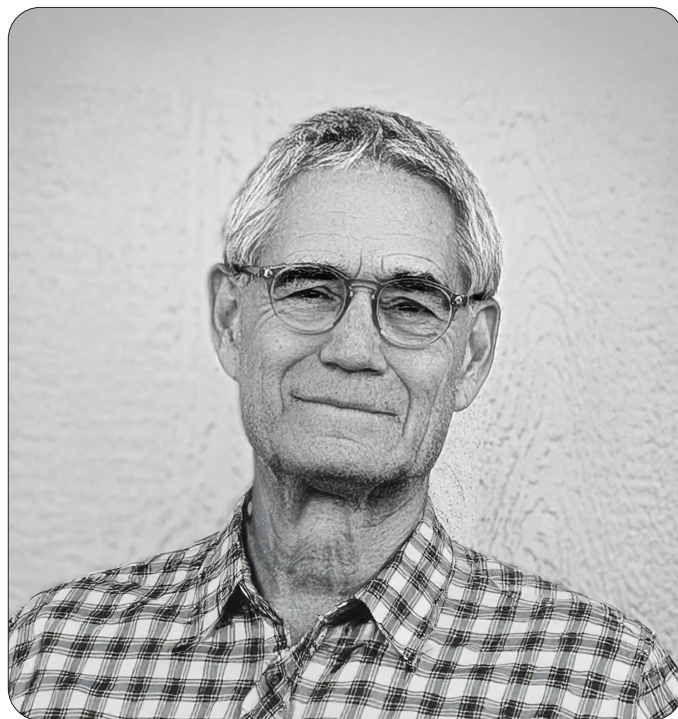
Author and Founder Photo

Logos

Page 1 of 4

Hi-Res Images can be extracted
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Author and Founder, Blair O'Neil

Primary Color Logo

Mindfulness for Seniors

Primary B/W Logo

Mindfulness for Seniors

Sedcondary Stacked B/W Logo

**Mindfulness
for Seniors**

Sedcondary Stacked Color Logo

**Mindfulness
for Seniors**

Mindfulness for Seniors

Page 2:
Book Cover Images

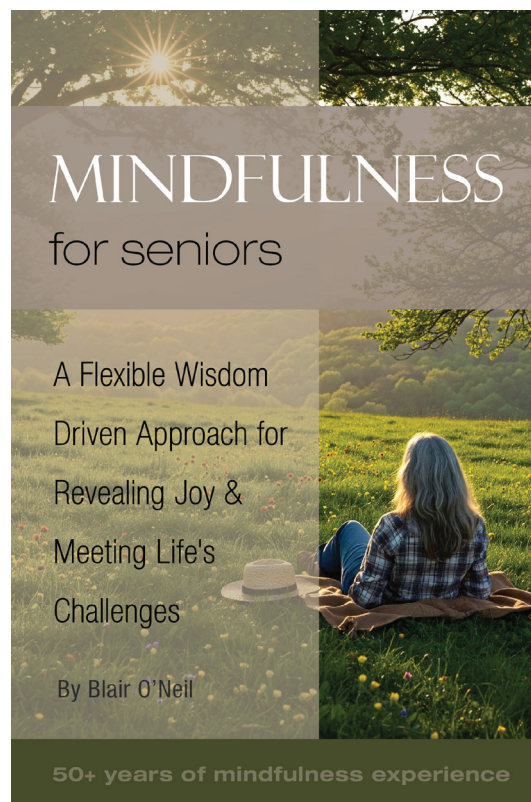
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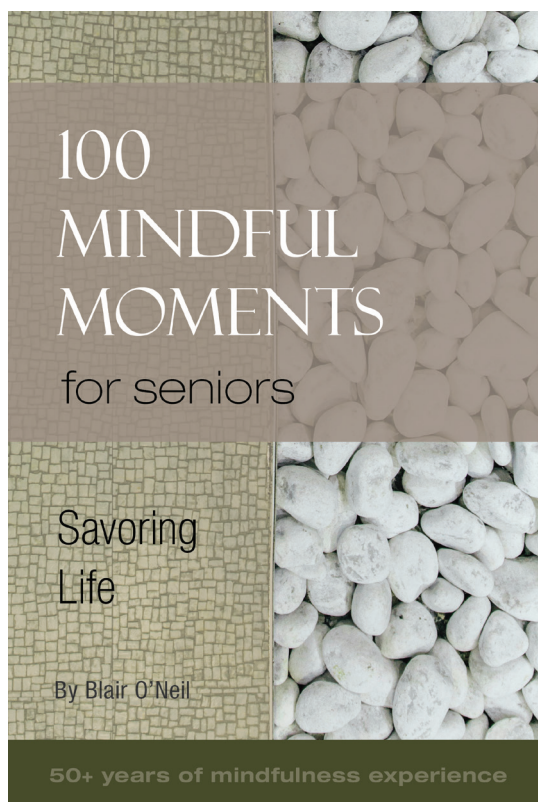
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Title: Mindfulness for Seniors

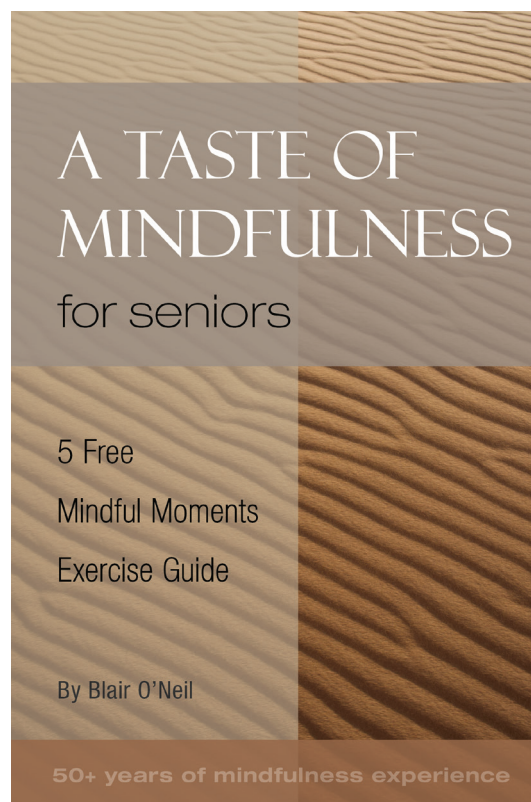
*Subtitle: A Flexible Wisdom-Driven Approach
for Revealing Joy & Meeting Life's Challenges*



100 Mindfulness Moments for Seniors: Savoring Life



A Taste of Mindfulness for Seniors (promo PDF)



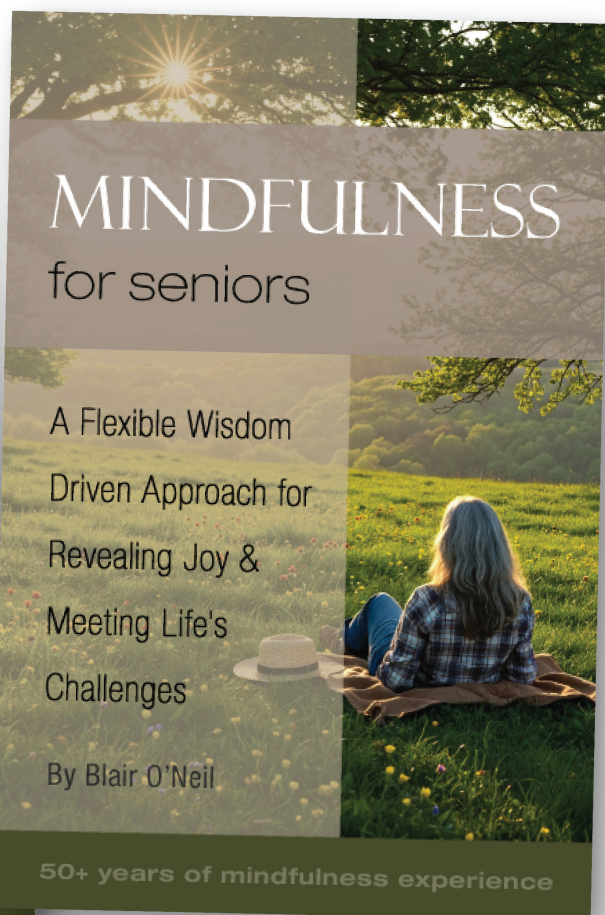
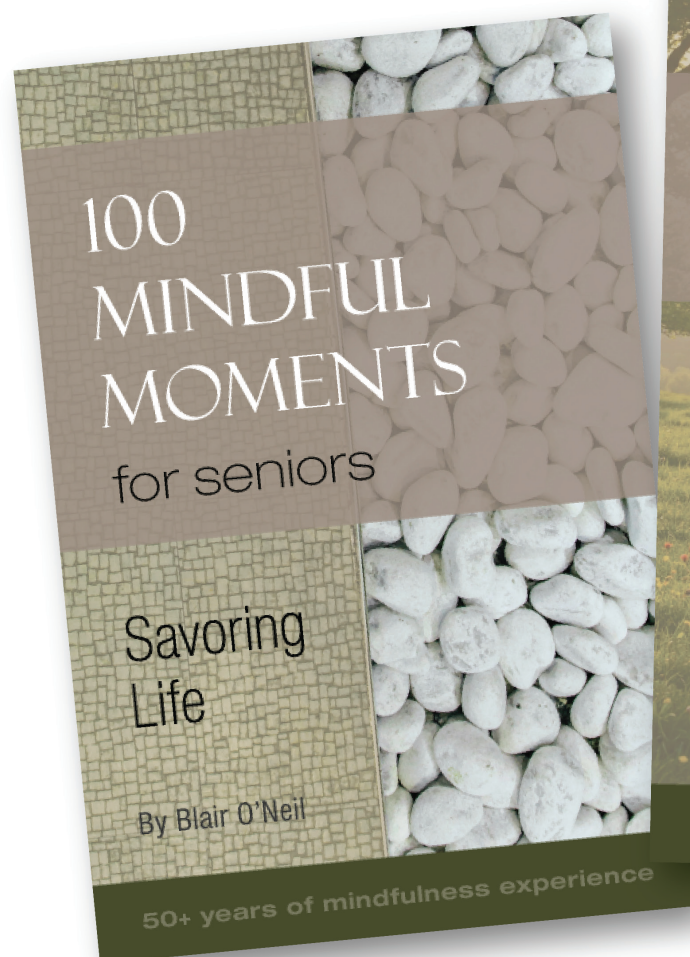
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Page 3:
Book Cover Montage

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Mindfulness for Seniors

Page 3:
Primary Brand Colors

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Header 1

Header 2

Header 3

Header 1

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in black body text in black

Header 2

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in black body text in black

Header 3

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in black body text in black

Header 4

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